



St. Raphael's Church

Catholic Parish Church & Parish Priest - Fr. Michael Lovell
Tel 020 8616 9583 Email michaellovell@rcaos.org.uk

Parish Office -(Mon. - Fri. 9.00am - 4.00pm)
St. Raphael's Church, Portsmouth Road, Kingston upon Thames, Surrey, KT1 - 2NA
Church Manager Tel 020 8541 - 4999

Email surbiton@rcaos.org.uk Web. www.straphaelsurbiton.org.uk

St. Joseph's Our Catholic Primary and Nursery School
The Fairfield, Kingston Upon Thames, KT1 2UP.

Tel. 020 8546 7178 E.mail office@stjosephs.rbksch.org Web. www.stjosephs.kingston.sch.uk
Head Teacher Mrs Lorraine Flower

Sunday 19th February – 7th Sunday in Ordinary time (A)

9.30am Antonio Castagnino RIP

11.30am Canon Bernard Grady RIP

5.00pm Missa Pro Populo

4.00pm Rosary & Benediction of the Blessed Sacrament

Monday 20th February Feria in Ordinary time
10.00am The Holy Souls

Tuesday 21st February Feria in Ordinary time
10.00am The Holy Souls

Wednesday 22nd February Ash Wednesday
12noon The Holy Souls
7.30pm The Holy Souls
(also 9.15am at St. Joseph's School)

Thursday 23rd February Lenten Feria (Latin Mass – Novus Ordo)
10.00am David Kaimal's intentions
Followed by Exposition of the Blessed Sacrament, praying for
vocations to the priesthood concluding with Benediction at 11.45am.

Friday 24th February Lenten Feria
10.00am The Holy Souls

Followed by Stations of The Cross
(A day of abstinence when Catholics are asked to abstain from eating meat)

Saturday 25th February Lenten Feria
10.00am David Kaimal's intentions

Sunday 26th February – 1st Sunday of Lent (A)

9.30am Our Parish Confirmandi

11.30am Missa Pro Populo

5.00pm Jim Barnes RIP

4.00pm Stations of the Cross

Wednesday is Ash
Wednesday, the start of
Lent. There will be two
Masses in the Church that
day – 12 noon and
7.30pm. There will also be
Mass at St. Joseph's School
at 9.15am.
Ash Wednesday is a day of
fasting and abstinence.
Everyone aged 14 years or
older is bound to abstain
from meat and everyone
aged 18 or older and
under 59 years of age, is
bound to fast. You can be
exempt if your health or
ability to work would be
seriously affected.

CONFESSIONS

Sundays 9.00am - 9.20am. & 4.30pm - 4.50pm
Saturdays 10.30am - 11.00am

THE ROSARY

is recited daily in the Church Monday - Saturday before Mass and at
4.00pm on Sundays.

EXPOSITION AND BENEDICTION OF THE BLESSED SACRAMENT

Sundays - With Rosary at 4.00pm,
Thursday – Exposition from after Mass concluding with Benediction at
11.45am

OF YOUR CHARITY

Please pray for the repose of the soul of

Pam O'Sullivan

Her Requiem Mass will take place here on 3rd March at 1.30pm
May She rest in peace.

FIRST HOLY COMMUNION

The First Holy Communion
programme continues on Saturday
mornings at 10.30am

THE FAITH FORMATION GROUP

Our Confirmation group will be
meeting on Sunday 26th February
after the 9.30 Mass.

TEA AND COFFEE

There is tea and coffee after the
9.30am Mass on Sundays and after
Mass on Wednesdays

CHILDREN'S LITURGY

Children's Liturgy takes place during
the 9.30am Mass on Sundays

WEDNESDAY IS ASH WEDNESDAY

In one sense, Lent is the same routine each year: forty days, fasting and abstinence, more time in church, increased devotion, and almsgiving. But there's a good reason why we must repeat the discipline annually: St. Paul tells us that we are in a race and we compete for a prize in Christ Jesus. To be a winning athlete takes time, effort, and dedication: "Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable" ([1 Cor 9:25](#)). Lent is an intense period of training. That's not to say we should not be striving to "stay in spiritual shape" during the rest of the year. Lent is celebrated yearly because we need to keep striving for the "upward call" to be perfect even as Jesus is perfect. Reaching that goal is a lifelong task, but a yearly Lent can move an individual closer to the goal.

The Resurrection is the central tenet of the Catholic Faith. As Scripture declares: "If Christ has not been raised, then our preaching is in vain and your faith is in vain" ([1 Cor 15:14](#)). In conjunction with the yearly celebration of Easter, the Church developed a yearly season of repentance and fasting to prepare for the celebration of the Resurrection. Moses and the Israelites wandered for forty years in the desert as they prepared to enter the promised land and Jesus fasted for forty days prior to beginning His public ministry, thus forty days became the standard for the Christian period of preparation. Both the Old and New Testaments associate ashes with mourning and repentance. Thus Lent begins with the celebration of Ash Wednesday.

Like a splash of cold water to the face to awaken a person at the beginning of a new day, ashes on the forehead are to awaken the recipient to the beginning of a new season in the Church's liturgical year. These ashes are produced by burning palm branches from the previous year's Palm Sunday celebration; in this way, the year has come full cycle. It is once again time to examine oneself and prepare for a new Easter.

When administering the ashes, the priest or deacon can use one of two formulae of words. "Turn away from sin and be faithful to the Gospel" is the message of Lent. "Remember, man, you are dust, and to dust you will return" impresses upon the recipient that now is the time to act, now is the time to get right with God.

CLERGY SUPPORT FUND

Next Sunday there will be the annual second collection in aid of 'The Clergy Support Fund'. This fund provides care for priests in their old age, retirement and in times of ill health. There are some envelopes at the back of the Church, should you wish to Gift Aid your donation, please take one and bring it back next Sunday. Thank you.

THE EPISCOPAL ORDINATION OF BISHOP-ELECT PHILIP MOGER

The Episcopal Ordination of the Bishop-Elect will take place in St George's Cathedral this coming Tuesday 21st February at 12.30 pm. All are welcome to attend but you are asked to be seated by midday. For those unable to attend in person, it will be possible to join the service via live-stream at <https://bit.ly/EpiscopalOrdination23>

SCRIPTURE STUDY AND REFLECTION THROUGH LENT

Save the dates – 1st, 8th, 15th, 22nd & 29th March in Alexander House at 7.30pm. More details to follow.

ST JOSEPH'S SCHOOL

St Joseph's Catholic Primary School are consulting stakeholders on their desire to join Christ the Redeemer Catholic Education Trust. To find out more and submit feedback go to www.ctrct.org.uk.

LENT READING – 'MY DAY BY DAY'

There are copies of the Lent edition of 'My Day by Day' available at the back of the Church - they cost £1.00. Please put money in the box marked Newspapers or pay via the card machine. This little book offers helpful readings and reflections for every day during Lent and is an excellent way to prepare for Easter.

THE UNIVERSE CATHOLIC NEWSPAPER

The Universe has a excellent website full of trustworthy articles and an online shop with all subscribers receiving a 10% discount. Order your Digital 2 weeks FREE introductory offer by calling Michelle on 0743 661 7650 or email: michelle.jones@universecatholicweekly.co.uk

AN IMPORTANT NOTICE ABOUT SAFEGUARDING IN OUR PARISH

It has been pointed out that there are often occasions when children have been unsupervised in the Hall during Mass, particularly – but not exclusively - at the 9.30am. Mass. Could we please remind parents of the following:

- Children must be always supervised when on the Church premises and must never be allowed to go into or remain in the hall without a parent supervising them. (Except when they are attending Children's Liturgy).
 - If your child requires the toilet they must be accompanied by a parent. This applies during Mass and at all other social engagements at the Church.
 - The use of video cameras or the taking of photographs is not permitted in the Church or Hall.
 - Children must never be allowed to light votive candles unless supervised by a parent.
- Should you have any concerns or questions about the above, please speak to one of our two Parish Safeguarding Reps, their details can be found in the Church porch. Should you have any concerns about the welfare of a child or adult at risk, do not delay in contacting the police, using 999 if a child or adult is believed to be in immediate danger.